

Week 1	Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Main <i>Seasonal Vegetables and Salad Bar served every day</i>	Mac 'n' Cheese (v) <i>Oven baked macaroni topped with a cheddar cheese sauce</i> Tomato & Basil Spaghetti (v) <i>Spaghetti with a Tomato & Basil sauce</i> <i>Both served with garlic bread</i>	Mexican inspired Beef & Bean Enchilada <i>Tasty beef, peppers and beans; wrapped in a tortilla and baked in the oven with cheese</i> Mexican inspired Vegetable & Bean Enchilada (v) <i>Freshly cooked vegetables; wrapped in a tortilla and baked in the oven with cheese</i>	'Toad in the Hole' <i>Oven roasted sausages, served in a Yorkshire pudding with crispy roast potatoes and gravy</i> Vegetarian 'Toad in the Hole' (v) <i>Quorn sausages, served in a Yorkshire pudding with crispy roast potatoes and gravy</i>	Chicken Curry <i>Chicken pieces in a mild curry sauce</i> Vegetable Curry (v) <i>Roasted vegetables in a mild curry sauce</i> <i>Both served with rice and Naan bread</i>	Friday Fish & Chips <i>Battered Fish Fillet, served with chips</i> Vegetarian Burger (v) <i>Vegetarian Burger, served with chips</i>
Pudding	Strawberry Ice Cream or Yoghurt or Fruit	Pancakes with Seasonal Berries or Yoghurt or Fruit	Chocolate & Vanilla Marble Cake or Yoghurt or Fruit	Lemon Cookie or Yoghurt or Fruit	Bread & Butter Pudding or Yoghurt or Fruit

Week 2	Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Main <i>Seasonal Vegetables and Salad Bar served every day</i>	Pesto Penne Pasta (v) <i>Penne pasta tossed in a tasty home-made pesto</i> Margherita Pizza Slice (v) <i>Freshly baked cheese & tomato pizza</i> <i>Both served with garlic bread</i>	Bangers & Mash Pie <i>Casseroled pork sausage and vegetables with a mashed potato and sweet potato topping</i> Vegetarian Sausage Pie (v) <i>Casseroled Quorn sausage and vegetables with a mashed potato and sweet potato topping</i>	Roast Gammon <i>Roasted Gammon served with crispy roast potatoes and gravy</i> Quorn Roast (v) <i>Succulent roast Quorn joint served with crispy roast potatoes and gravy</i>	Sweet & Sour Chicken <i>Oven roasted chicken strips served with a sweet & sour sauce</i> Sweet & Sour Quorn Strips <i>Oven roasted Quorn strips served with a sweet & sour sauce</i> <i>Both served with rice</i>	Friday Fish & Chips <i>Fish Fingers, served with chips</i> Vegetarian Nuggets (v) <i>Vegetarian Nuggets, served with chips</i>
Pudding	Vanilla Ice Cream Sundae or Yoghurt or Fruit	Apple Flapjack or Yoghurt or Fruit	Chocolate Chip Cookie or Yoghurt or Fruit	Butterscotch Mousse or Yoghurt or Fruit	Lemon Sponge or Yoghurt or Fruit

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main <i>Seasonal Vegetables and Salad Bar served every day</i>	Jacket Potato Day <i>Oven baked potato topped with a choice of any of the following:</i> <ul style="list-style-type: none"> • Ham • Cheese • Tuna Mayo • Coleslaw • Beans • Smokey BBQ Bacon & Beans 	Beef Bolognese Pasta <i>Pasta shapes served with a beef Bolognese sauce</i> Vegetable Bolognese Pasta (v) <i>Pasta shapes served with a vegetarian Bolognese sauce</i>	Roast Chicken <i>Succulent roast chicken served with crispy roast potatoes and gravy</i> Quorn Roast (v) <i>Succulent roast Quorn joint served with crispy roast potatoes and gravy</i>	Mediterranean Vegetable Pizza Slice (v) <i>Freshly baked cheese, tomato and Mediterranean vegetable pizza slice</i> Margherita Pizza Baguette (v) <i>Freshly baked cheese & tomato baguette</i> <i>Both served with potato wedges</i>	Friday Fish & Chips <i>Battered Fish Fillet, served with chips</i> Vegetarian Sausage & Chips (v) <i>Vegetarian Quorn Sausage, served with chips</i>
Pudding	Chocolate Ice Cream & Chocolate Drizzle or Yoghurt or Fruit	Chocolate, Sultana & Biscuit Slice or Yoghurt or Fruit	Traditional Flapjack or Yoghurt or Fruit	Jam Sponge or Yoghurt or Fruit	Apple Crumble or Yoghurt or Fruit